



Reception Oak Tree's Weekly
Newsletter

1st - 5th December 2024

Issue 13

Reception Oak Tree Newsletter



We practiced proper hand washing. Did you know that we should wash our hands on the top bottom and in between the fingers?



We also practised proper oral hygiene. Did you know that we should brush our teeth for 2 minutes in a circular motion then up and down and side to side?

Activities Covered:

Last week, we completed our theme of growing by focusing on **growing healthy foods and habits**. We explored how living a healthy lifestyle is important for our growth and development.

In **Communication and Language**, we listened to and discussed the story "*The Very Hungry Caterpillar*." We also learnt about healthy and non-healthy foods.

In **Personal, Social, and Emotional Development**, we learnt about our dental hygiene and why it is important to brush our teeth. We enjoyed brushing our teeth at school to practice the correct way of brushing our teeth.

In **Physical Development**, we learnt how important is exercise for our bodies. We engaged in yoga sessions as we learnt the healthy habit of exercising regularly.

In **Mathematics**, we continued to learn the concept of number bonds. We decomposed numbers up to 5 and then to 10 using various hands-on methods.

In **Understanding the World**, we learnt about germs and that they are not for sharing. We conducted an experiment to observe how easily germs can spread and that they fear soap and water. It was a fascinating experience!

In **Expressive Arts and Design**, we sequenced "*The Very Hungry Caterpillar*" story, using flash cards. WE also discussed our favourite fruits and vegetables, and some were found in our lunchboxes.

On **Thursday**, we turned part of our schoolyard into a fruit and vegetable market. We purchased our favourite items and enjoyed a scrumptious picnic. It was a great week of making healthy choices and we will surely continue to practice making them.

Upcoming Activities:

Pack your suitcases! We are going to have a week of adventure this week. We are going to learn about different countries in our **International Week** topic.

We will visit 2 different countries: **India** and **France**. We will learn many things about the rich cultures and traditions of those countries.

On **Sunday**, we will learn about different languages, famous landmarks, food, and currency of the different countries.

On **Monday**, we will listen to traditional stories and folk tales. Then we will make a craft unique to these countries.

On **Tuesday**, we will come dressed in the colours of the Indian flag and participate in the parade. After that, we will travel with our passports around the school to get them stamped from all the different countries participating in the international week. We will also decorate the flag of India and France.

Thursday, we will come to school dressed in our own country's attire or flag colours and enjoy an international feast of foods unique to our own country. We will also play different traditional games from India, France, China, and Mexico.

It looks like we will be having a great international week!



Yoga 😊 We enjoyed this so much! We stretched and curled our bodies to a lovely yoga video. Keeping fit is a good healthy habit that we should all practice.



We sequenced the story 'The Very Hungry Caterpillar' from beginning to end.

Upcoming Events:

Monday 9th - Reports distribution

The term 1 progress reports will be distributed via email.

Tuesday 10th - International parade

Children are requested to dress in the class country colours.

Wednesday 11th - Parent-teacher meeting

All children will be off school.

Thursday 12th - International Feast

Children are asked to come dressed in their own (birth) country's attire or colours of the flag.



We enjoyed buying fruits and vegetables from our market on Thursday. We remembered our please and thank you 😊

Tips for home:

- Please ensure your child gets to bed at a reasonable hour so he/she is ready to learn when they get to school.
- Display your child's work from school to help build a sense of pride in their accomplishments.
- Read the **weekly newsletter**, so that you keep up to date on what is happening.
- Encourage your child to complete their **homework** independently.

My values Draw My Identity

Our Partners in Responsibility

To protect your children from privacy violations on the internet, please refer to the following link:

<https://bit.ly/3zH8fMt>

To see more photos of our adventures in learning be sure to visit our [website](#), [Facebook](#) and [Instagram](#)

The 'Safe Surfing' initiative:

What should I choose?



Healthy eating. We loved eating our favourite fruits and vegetables outside enjoying the wonderful weather.

Final Note:

As the weather is getting cooler in the morning, children need to wear their school jackets as part of their uniform. Jackets and long pants are available for purchase.